October Newsletter

THE SPIERS CENTRE

October 2024



September Highlights from The Spiers Centre

Hello Spiers Centre Community!

September was a bustling month filled with exciting activities and valuable services. Here's a recap of all the wonderful events and programs we hosted.

Our Bunnings Plant Workshop was a tremendous success! Mums and kids alike enjoyed getting their hands dirty while learning about plant care. The smiles and laughter were contagious, making it a memorable day for everyone involved.

Our dedicated Energy Coach has been busy conducting energy audits for the community. These audits are helping households become more energy-efficient, saving money and reducing environmental impact. If you haven't had your audit yet, be sure to book a session!

Our playgroup sessions were a hit, with themes that sparked imagination and joy. From Farm Days to Ocean Alive, Rainbow Magic, and Space Crater, each session was well-attended and filled with fun activities for the little ones.

The school holiday program was packed with excitement! Kids enjoyed a variety of activities including music and movement, arts and crafts, and obstacle courses and games. It was a fantastic way to keep the children engaged and active during the break.

Chair Yoga has become so popular that we've added a second session! This gentle form of exercise is perfect for all ages and abilities, helping participants improve flexibility and reduce stress.

Thank you to everyone who participated and supported our events and services. We look forward to another month of community, learning, and fun!

In this newsletter you can expect:

September Highlights

Service Highlights

Financial Independence Workshop

Financial Empowerment Workshop

Recipe of the Month

Stories of Impact

TS (Team x

Free Household Energy Audit



Get help to understand and manage your energy use. Receive a report with customised energy saving tips and a FREE pack of energy efficiency items to get you started. Available to Synergy customers experiencing financial hardship.









Service Highlight

Take control of your energy use through free energy audits, coaching and workshops.

https://energyahead.thefwc.org.au/?sourceid=63bdbb7e-3551-eel1-be6f-000d3a79148f

We know that life can be a lot sometimes, so we're here to help. We can support you to take control of your energy use and your electricity bills, so you can get ahead. Energy Ahead is free and available to Synergy residential customers who are experiencing financial hardship. Energy coaching is a practical way for you to learn more about your household energy use and how you can make positive changes to reduce use and costs. Our Energy Coaches can support you at home, over the phone or online – whatever works best for you.

You'll receive a report with customised tips on how to take control and reduce your household energy use along with providing you complimentary energy efficiency items to get you started.

- In-home audits take about 2 hours and can be delivered Monday to Friday within business hours.
- Our Energy Coach can also provide virtual audits which require you to have an active internet connection and a mobile or tablet with a camera.
- We can also provide shorter phone coaching sessions over one or two Synergy bill cycles.





Donations

We would like to express our gratitude to all of our donors and volunteers who continue to help us support the community.

Your generosity and dedication allow us to keep our services and programs running smoothly.

We want to remind everyone that our charity relies on the kindness and support of our community.

If you are able to donate your time or resources, please do not hesitate to reach out to us - info@thespierscentre.com.au or phone us on 08 9401 2699.

https://www.thespierscentre.com.au/donate



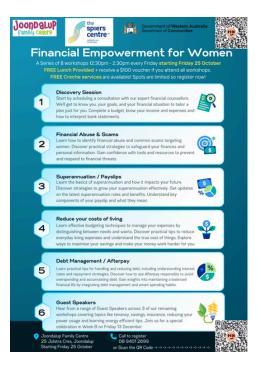
Volunteer at TSC

Do you have a special skillset you'd like to share with our community?

We're looking for passionate volunteers to join us in making a difference. Whether it's packing and weighing food or offering other valuable services, your contribution is greatly appreciated.

If you're interested, please contact us at 08 9 401 2699. We look forward to hearing from you!

Upcoming Community Events + Information













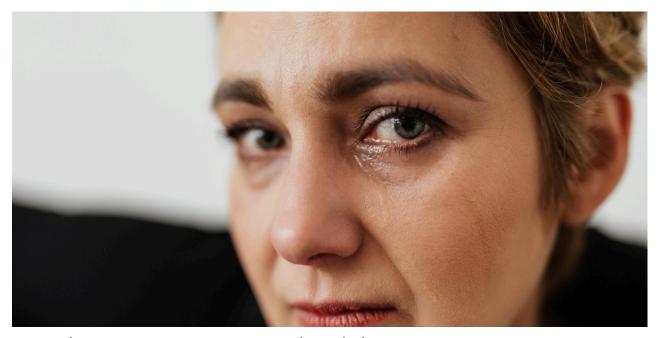
Our financial literacy workshops are FREE and if you attend all sessions you receive \$\$\$ Voucher

Recipe of the Month



Foodbank Superhero Foods HQ





Sarah's Journey to Financial Stability

(The names and identifying characteristics of individuals have been changed)

We are excited to share Sarah's inspiring story. Sarah, a 38-year-old single mother of two, came to us overwhelmed by debt after losing her part-time job. Her income relied on government assistance and sporadic child support, with rent arrears, overdue utility bills, and credit card debt piling up.

Sarah's financial situation was dire:

- \$1,500 in rent arrears
- \$3,200 in credit card debt
- \$800 in overdue utility bills
- Monthly income: \$2,200
- Monthly expenses: \$2,600

We helped Sarah by:

- 1. Budgeting: Created a realistic budget and set up direct debits for bills.
- 2. Debt Negotiation: Negotiated payment plans and applied for a HUGS grant.
- 3. Rental Assistance: Accessed the WA Rent Relief Programme.
- 4. Employment Support: Connected her with training programs and job services.

Sarah's situation improved significantly:

- Rent arrears cleared.
- Manageable debt payment plan.
- Reduced utility bills.
- Increased confidence in managing finances.
- Started a part-time course and applied for jobs.

Three months later, Sarah has now secured part-time work and maintained financial stability. Her story highlights the power of support and resilience.

Thank you for being part of our community!

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